



MindSafety™

‘CHANGE YOUR MIND ABOUT SAFETY’

MindSafety ‘Head Turning’ Event

AGENDA OF TOPICS

- The Science of the Mind
- Conscious Overload (7 +/- 2)
- Alpha Sleep (Environmental Hypnosis)
- Making & Breaking Habits
- Classical Conditioning
- Toward & Away from Motivation
- Time v Risk – (and ‘The Internal Optimist’)
- The Experience Myth
- The Belief Cycle
- Summary of the ‘Key Messages’

*A fast-paced, fascinating & entertaining event
focussing on the issues that can affect behaviour in the workplace.*

*A full colour informative session handout, with a summary of the topics
covered within this event, is also provided for each delegate.*



“Once seen, never forgotten!”

GENERAL INFORMATION

TARGET AUDIENCE:	Everyone you wish to influence
MAXIMUM GROUP SIZE:	No Restriction
SESSION DURATION:	2-hours
SEATING STYLE:	‘Horseshoe’, Theatre or Cabaret

MindSafety International Limited



3core²

Certificate Number: 00131

ISO: 9001, 14001, 45001

FOR FURTHER INFORMATION

0800 612 4969

www.mindsafety.net