



‘CHANGE YOUR MIND ABOUT SAFETY’

MindSafety ‘Head Turning’ Event

AGENDA OF TOPICS

- The Science of the Mind
- Conscious Overload (7 +/- 2)
- Alpha Sleep (Environmental Hypnosis)
- Making & Breaking Habits
- Classical Conditioning
- Toward & Away from Motivation
- Time v Risk – (and ‘The Internal Optimist’)
- The Experience Myth
- The Belief Cycle
- Summary of the ‘Key Messages’

A fast-paced, fascinating & entertaining event

focussing on the issues that can affect behaviour in the workplace.

A full colour informative session handout, with a summary of the topics covered within this event, is also provided for each delegate.



“Once seen, never forgotten!”

GENERAL INFORMATION

TARGET AUDIENCE: Everyone you wish to influence - (Workforce, Contractors, Sub Contractors)

MAXIMUM GROUP SIZE: No Restriction

SESSION DURATION: 2-hours

SEATING STYLE: ‘Horseshoe’, Theatre or Cabaret